

Date		Total Calories	Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (Mg)	Carbs (G)	Sugar (G)	Sodium (Mg)	Fiber (G)	Protein (G)	Base Serving Size Amount
1/6/25	Emoji Cracker	120	4g	1g	0g	0mg	21g	8g	105mg	1g	1g	1 each
1/7/25	Nutri-Grain Bar	150	3.5g	0.5g	0g	0mg	31g	14g	140mg	3g	2g	1 each
1/8/25	Chocolate Muffins	200	8g	1.5g	0g	10mg	29g	28g	125mg	2g	3g	1 each
1/9/25	Cinnamon Pop Tarts	170	3g	1g	0g	0mg	37g	15g	120mg	3g	2g	1 each
1/10/25	WG Trix Cereal Bowl	110	1.5g	0g	0g	0mg	23g	6g	160mg	1g	2g	1 each
1/13/25	Graham Cracker	120	4.0g	1.0g	0g	0mg	21g	8g	100mg	1g	2g	1each
1/13/25	cheese stick	60	3g	2g	0g	10mg	0g	0g	200mg	0g	7g	1 each
1/14/25	Campfire Smore Bar	150	5g	1.5g	0g	0mg	24g	9g	50mg	1g	2g	1 each
1/15/25	WG Cheerios Strawberry Bar	160	3.5g	0.5g	0g	0mg	29g	9g	90mg	3g	2g	1 each
1/16/25	Blueberry Lemon Bites	120	3.5g	0.5g	0g	0mg	21g	8g	60mg	2g	2g	1 each
1/17/25	Chefs Choice											
1/21/25	WG Fudge Pop tart	170	3g	1g	0g	0mg	36g	15g	120mg	3g	2g	1 each
1/22/25	Super Donut	150	5g	1.5g	0g	0mg	23g	12g	190mg	1g	4g	1 each
1/23/25	Chocolate Graham Cracker	120	4.0g	1.0g	0g	0mg	20g	7g	125mg	2g	2g	1 each
1/24/25	Apple Jack Bowl	70	0.5g	0g	0g	0mg	16g	6g	95mg	1g	1g	1 each
1/27/25	Chocolate Oatmeal Bar	140	4.5g	1g	0g	5mg	23g	9g	75mg	1g	2g	1 each
1/28/25	WG Banana Muffin	180	7g	1.5g	0g	10mg	28g	15g	100mg	1g	2g	1 each
1/29/25	WG Trix Cereal Bar	160	3.5g	.5g	0g	0mg	29g	18g	105mg	3g	2g	1 each
1/30/25	Blueberry Lemon Bites	120	3.5g	0.5g	0g	0mg	21g	8g	60mg	2g	2g	1 each
1/31/25	Chefs Choice											